

February is...

## Peace and Conflict Prevention/Resolution Month



## This Weeks Program!

As we celebrate and honor Black History Month we have some local hero's who are making a difference in our community. We will have a panel discussion with Chris Hopkins, Owner of Hopkins Mortuary, Rosco Smith, Owner of A+ Lawn & Cleaning Services, Rickela Reynolds, Owner of Rickela Does Film, and Dr. Brittany Crenshaw, Internal Medicine Specialist. They are apart of the 40 and under entrepreneurs club, they are trailblazers who create, build and provide hope here in Thomasville.

## MEETINGS

February is Peace and Conflict Prevention Month

- 2/3 New Black History Makers
- 2/10 Regular Meeting - Chase Vande Zande PGA JR League
- 2/17 Kelvin M. Owens
- 2/24 Regular Meeting - Gary W. Sanchez Regional Director of External Affairs South Georgia AT&T
- 3/3 Regular Meeting - Chandler Giddes Thomasville-Thomas County Humane Society
- 3/10 Regular Meeting - Rossman Apiaries
- 3/17 Regular Meeting - Lindy Savelle - Georgia Grown Citrus
- 3/24 Regular Meeting - Sydni Ingram with UGA EXTENSION and NATURAL RESOUCES

## BIRTHDAYS

- 2/5 Gregory Adams
- 2/8 Devona Thompson
- 2/9 Luten Nunnally
- 2/10 Laura Pike
- 2/12 Lorraine Williams Rahming
- 2/12 Landis Thomas
- 2/16 Renee Oliveto
- 2/18 Sandra Wright
- 2/19 Tom Harrison
- 2/19 Marta Jones-Turner
- 2/21 Paul Overstreet
- 2/24 Daniel Pittman

## WEDDING

## ANNIVERSARIES

- 2/4 Robert Ackerman (54)
- 2/6 Julie Carter (29)



## What you Missed Last Week!

We had a fantastic meeting last week! The Rose City String band from the Thomasville City School System rocked the room and those kids are just talented.



A special thank you, to our Spark spokesman Mike Bixler and guest Doug for sharing the purpose of the program and the role that Rotary and fellow Rotarians play in supporting local entrepreneurs. Congratulations, to our winner Irene for winning the pot last week with a little over \$1,800. Her winning story is... She took a dollar out of her mom purse and only bought one ticket. Her mom is still with her and making it happen. We love you Irene and Congratulations!

- 2/14 Erik von Hellens (21)
- 2/14 Andy Vann (1)
- 2/17 John Kepler (45)
- 2/22 Eugene McNease (55)
- 2/24 Tim Daniel (26)
- 2/25 David Sofferin (38)

### YEARS OF SERVICE

- 2/1 Marta Jones-Turner (28)
- 2/1 Bradford Jackson (28)
- 2/8 Joe Tarver (4)
- 2/26 Nathaniel Tyler (24)
- 2/27 Shelba Sellers (7)
- 3/1 Joe Brown (17)

### ROTARY ONLINE

<https://thomasvillerotary.org>  
<https://rotary6900.org/>  
<https://rotary.org/>

### ROTARY CLUB OF THOMASVILLE

Thursdays, 12:15 pm  
 The Plaza Restuarant  
 217 Broad St  
 Thomasville, GA 31792

### SOCIAL MEDIA



### LEADERSHIP

- |                 |                   |
|-----------------|-------------------|
| President       | Wayne Newsome     |
| President-Elect | Danny Braddy      |
| Immediate PP    | John Brown        |
| Vice President  | Jeff Zoller       |
| Treasurer       | Teri White        |
| Secretary       | Angela Williamson |
| Public Image    | Adrian Burns      |

### Directors

- |                |           |
|----------------|-----------|
| Club President | Mary Beth |
| Nominee        | Donalson  |



Membership	Janet Liles
Foundation	Fran Milberg
Service Projects	Mary Beth Donalson
Admin	Cameron Jahnke
Youth Service	Susie Shin
Community Service	Mary Beth Donalson

# Upcoming Events!

# UPCOMING EVENTS



**3 FEBRUARY**  
**BLOOD MOBILE**  
**11AM**

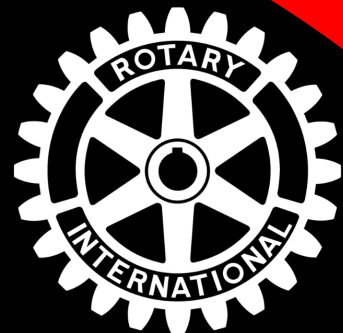
**14 FEBRUARY**  
**Rotary Has Hearts**  
**Cookout 11Am**



**23 FEBRUARY**  
**Rotary's Anniversary**



**Rotary Club**  
of Thomasville



"Service Above Self"

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## **You Are Not Alone!**

This is something that affect us all and brings great pain. You can make a difference!

# SUICIDE PREVENTION

YOUR STORY ISN'T OVER

## KNOW THE 12 SUICIDE WARNING SIGNS



- ▶ FEELING LIKE A BURDEN
- ▶ BEING ISOLATED
- ▶ INCREASED ANXIETY
- ▶ FEELING TRAPPED OR IN UNBEARABLE PAIN
- ▶ INCREASED SUBSTANCE USE
- ▶ LOOKING FOR A WAY TO ACCESS LETHAL MEANS
- ▶ INCREASED ANGER OR RAGE
- ▶ EXTREME MOOD SWING
- ▶ EXPRESS HOPELESSNESS
- ▶ SLEEPING TOO LITTLE OR TOO MUCH
- ▶ TALKING OR POSTING ABOUT WANTING TO DIE
- ▶ MAKING PLANS FOR SUICIDE

## 5 STEPS TO HELP SOMEONE AT RISK

- ▶ ASK
- ▶ KEEP THEM SAFE
- ▶ BE THERE
- ▶ HELP THEM CONNECT
- ▶ FOLLOW UP

LET'S FIGHT  
SUICIDE TOGETHER

**YOU ARE NOT ALONE**

If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7.

1-800-273-8255 | [suicidepreventionlifeline.org](https://suicidepreventionlifeline.org)